



SUNDAY MASSES *and* SERVICES

5pm Sat Vigil Mass
8am Quiet Mass
10.30am Solemn Mass
6pm Benediction

Music at the Solemn Mass:

Louis Vierne from *Vingt-quatre Pièces en style libre pour Grand Orgue Op. 31 recueil II Lied.*

Mass setting: 'Mass in honour of the Mother of God' Fr Oliver Craddock, Cong. Orat.

Offertory: Hymn 'Praise to the Lord, the Almighty' (Tune: *Lobe den Herren*).

Communion: Lambillotte - *Panis Angelicus*.

Voluntary: Eugène Gigout: from *Dix pièces pour Grand Orgue - Toccata en si mineur*.

WEEKDAY MASSES & Devotions

'Ordinary Time' Weekday Readings: Cycle I.
Start of the Octave of Prayer for Christian Unity.

Monday 18th: Masses at 7.30am & 12.15pm
Feria. Hebrews 5: 1-10; Mark 2: 18-22

Tuesday 19th: Mass at 12.15pm
S Wulstan, Religious & Bishop, or Feria.
Hebrews 6: 10-20; Mark 2: 23-28

Wed 20th: Masses at 7.30am & 12.15pm
S Fabian, or S Sebastian, Martyrs, or Feria
Hebrews 7: 1-3, 15-17; Mark 3: 1-6

Thursday 21st: Mass at 12.15pm only
S Agnes, Virgin & Martyr.
Hebrews 7: 25 - 8: 6; Mark 3: 7-12

Friday 22nd: Masses at 7.30am & 12.15pm
S Vincent, Deacon & Martyr
Hebrews 8: 6-13; Mark 3: 13-19

Saturday 23rd: Mass at 12.15pm
Our Lady on Saturday
Hebrews 9: 2-3, 11-14; Mark 3: 20-21

Next Sunday: 3rd Sunday in Ordinary Time
Divine Office Psalter: Week 3
Jonah 3: 1-5, 10; 1 Corinthians 7: 29-31
Mark 1: 14-20

Daily Angelus 7.30am, 12 noon & 6pm
Eucharistic Exposition 11am - 12noon Wed & Sat
Evening Oratory 6pm Monday - Friday

Everything in this column is live-streamed via:

www.bournemouthoratory.org.uk

THE ORATORY CHURCH IS OPEN DAILY

Normally 6.30am - 6.30pm, but during the pandemic at these limited times:

Sundays 7.30 am - 12 noon, and 5.30pm - 6.30pm.

Mondays, Wednesdays & Fridays 6.30am - 8am.

Daily (Mondays-Saturdays) 10.50am - 3pm.

Saturdays additionally 4.30pm - 6pm.

CONFESSIONS at the ORATORY Daily, 20 minutes before each Mass.
Also Wednesdays and Saturdays 11am - 12 noon. (during Holy Hour).

EUCCHARISTIC EXPOSITION Wednesdays & Saturdays 11am - 12 noon

TIER 4 allows Places of Worship to remain open for Public Worship.
In order to remain open it is vital that we all comply with Government mandated face-coverings, and safe distancing.

Please take time to read the up-dated guidance inside this Bulletin.
Some people have been ignoring the Stewards' requests, flouting the requirement for face-coverings, and thus putting others at risk. Please comply, especially during this period of heightened risk and infection.

STEWARDS and SANITIZERS: Our Voluntary Stewards have been doing a marvellous job over many months to enable us to comply with the regulations to remain open. Some are now shielding, so please consider offering a 2 hour stint (10.50am - 1pm, or 1pm - 3pm). Please also volunteer to sanitize the benches - it only takes 10 minutes - after the Mass that you attend. Thank you to those of you already doing this,

OUR PORTSMOUTH CATHOLIC CATHEDRAL annual collection is next weekend to support the Mother Church of our Diocese. Appeal envelopes are available for those without Gift Aid envelopes. This collection is the only support our Cathedral receives from the wider Diocesan family. Due to the lockdown a 'Give as you Live' page has also been created to enable you to donate online at: <https://donate.giveasyoulive.com/fundraising/cathedral-annual-appeal>

CONTACTLESS GIVING Use our new Card Reader at the back of Church for contactless, and chip & pin. It has a Gift Aid option (needing just a name, house number, and postcode).

S Philip Neri's Daily Maxims: *Before choosing a Confessor, we ought to think well about it, and pray about it also; but when we have once chosen, we ought not to change, except for most urgent reasons, but put the utmost confidence in our Director.* (18th January)

The Parish & University Catholic Chaplaincy are served by the Fathers & Brothers of the Oratorian Community of St Philip Neri

Fr Dominic Jacob
Delegate & Novice Master

Fr Peter Edwards
Moderator & Parish Priest

Fr Andrew Wagstaff
University Catholic Chaplain

Br Francisco Hintikka
Sacristan (Priestly studies at Oxford)

The Oratory House, 1 Albert Road, Richmond Hill, Bournemouth BH1 1BZ

Parish Office: Monday - Friday, 9.30am - 12noon. 13 Post Office Road, Richmond Hill, Bournemouth BH1 1BB
www.bournemouthoratory.org.uk Telephone: 01202 411140 E. sacredheart@portsmouthdiocese.org.uk

Parish Deacon: The Rev'd Roger Carr-Jones
Parish Office Administrator: Sharon Head
facebook.com/SacredHeartChurchBournemouth

rcarrjones@portsmouthdiocese.org.uk Telephone 01202 428451
Youth Ambassador: Adam Bussell: oratoryyouth@mail.com
safeguarding@bournemouthoratory.org.uk (Dee & Edward)

Coronavirus – Covid 19. Further advice and explanations.

During the national lockdown:

Thankfully our Church remains open, and Masses, Confessions, and Exposition continue as normal.

- Please take extra care when coming to Church, and do not come if you have any ‘flu or cold-like symptoms, or have been advised to shield.
- Seating at the Sunday Masses is allocated by our volunteer Stewards. Please allow them to show you to your place in church. Please comply with their requests about masks, gloves, sanitizing, and spacing.
- Parents must keep their children with them at all times, and not allow them to run around the church.
- Face-coverings are mandatory, except for those with a medical exemption. The regulations state that if exempt from a face-covering, a person must maintain a 2 metre distance from others. Our seating capacity is calculated based on 1 metre plus, so if you cannot wear a mask, then please do not come to the Sunday morning Masses but rather attend the Saturday 5pm Vigil Mass, or come on a less busy weekday.
- Keep at least 1 metre from members of other households.
- Use the hand sanitiser provided on the way in and out of the church, and before and after Confession, and please sanitize the areas which you have touched at the Confessional.
- Follow the instructions of the Priest and Stewards at Communion time, and follow the one-way system (up the centre nave, and return via the side aisles). Please stay in your place until asked to move by a Steward.
- Congregational singing is still not allowed, so please let the Schola do all the singing at Solemn Masses.
- Please do not congregate outside Church after Mass. We must not meet with more than one other person.

STEWARDING: We are only able to remain open because of the hygiene, social-distancing and stewarding measures we have in place. The Fathers are extremely grateful to our team of volunteer Stewards who enable us to remain open. Please consider volunteering to steward, if you do not already do so - especially if you are a regular Mass-goer - by emailing or ‘phoning the Parish Office (9.30am - 12 noon Monday-Friday).

The guidance from the Government and scientific community.

The advice during the majority of the pandemic has always been the same:

- Hands – wash hands with soap and water frequently
- Face – wear a face covering when in enclosed or crowded places if these cannot be avoided
- Space – keep a distance of 2 metres from others

There has never been advice to wear gloves.

There is a misconception that, as gloves are worn in hospitals, they must provide protection, but they are worn once for a procedure and then disposed. They are never worn twice or continually (see any current news report from hospitals, and unless a procedure is being carried out, staff are not wearing gloves).

How cleaning hands and surfaces destroys the virus.

The membrane surface which protects the virus (effectively its skin) is made of fat molecules.

Fat is broken down by detergents and soaps, and to a much lesser extent by ethanol (alcohol).

This process takes a little time which is why the guidance is to wash hands frequently with soap for a minimum of 20 seconds, which is the time required for the detergent (soap) to attack the membrane and break it down. At this point the virus is rendered non-viable and cannot do any further harm. It is important to note that hand washing is the main advice (and not hand sanitising) although this can be effective when soap and water is unavailable provided certain requirements are met.

On surfaces, leaving detergent-based cleaners to sit for a short period is most effective at destroying viruses and other micro-organisms.

Why gloves must be removed.

Micro-organisms, including Corona-virus, are air borne and settle on all surfaces. The more that uncleaned surfaces are touched the more contamination occurs. Unlike hands, there is no effective way to make gloves sterile. As soon as they touch any surface they will become contaminated, and so anyone arriving wearing gloves, removing them to sanitise their hands, then putting the gloves back on, is effectively immediately recontaminating their hands and, through wearing the gloves, recontaminating any surfaces they then touch. For this reason all gloves should be removed and put away in a pocket during time in Church. Then properly sanitised hands gives us confidence that any virus on our hands will have been destroyed. Also please note:

- Covid 19 is not caught directly through hands but through the virus entering the body through the mouth or nose. A key reason for hand washing is the involuntary actions of touching our faces, which is also more common now everyone wears a mask. It is the transfer of virus from hands to face, mouth and nose, that causes transmission and infection.
- Taking the above point a step further anyone wearing gloves during Mass and receiving Communion is exposing more than themselves to risk as they will need to either use the gloves to remove their mask or remove glove and mask which creates the same hand contamination risk at the Communion rail. Everyone should carefully remove their mask by touching only the straps around the ears and not the part close to the mouth or nose.
- It is reasonable to argue that clothing therefore must also be contaminated and this is true but most people do not touch their faces with any other part of their body than their hands.
- As the Church is regularly sanitised inside, no one should feel at risk, but everyone should be encouraged to reduce to a minimum their movements and the surfaces that they touch.

What additional measures should be considered to keep everyone safe?

- When hand-sanitising, it is important to remember that the whole hand must be sanitised. This means fingers, thumb, fingernail area and under, between fingers, and the palms and back of the hands. The sanitising liquid should cover the whole hand and be left to dry naturally. A tiny drop on just a few fingers is not effective, nor is a quick rub between the palms of the hands. Only hand sanitisers with an alcohol content higher than 60% work.
- In line with the change in policy at supermarkets, anyone refusing to wear a mask who is not exempt should not enter the Church.
- The government has reiterated the guidelines on those exempted from wearing masks and made the point that there are very few reasons for exemption. These are:
 - children under the age of 11,
 - people who cannot put on, wear or remove a mask because of physical or mental illness, where putting on a mask would cause severe distress,
 - if you are speaking, or providing assistance, to someone who relies on lip reading or clear sound to communicate,
 - to avoid harm or injury including participating in strenuous activity
 - police or emergency workers if it may interfere with their ability to serve the public.
- Anyone falling into a high risk category - through a serious lung disorder, or in a vulnerable category, and claiming they cannot wear a mask - should be encouraged to consider their own safety in being out and attending Mass at this time.
- When sanitising the Church it is advisable to leave all surfaces wet with the fluid for 20 – 30 seconds as this is most effective at destroying the virus. The surfaces can then be lightly wiped and allowed to dry naturally. There is sufficient time for this between Masses.
- Masks should always be worn covering both the mouth and nose. Additionally, the weave of the material used is important in reducing transmission. Tight weave materials are more effective and, generally when washed, the fibres will swell enhancing the barrier properties. Scarves and wraps have not been shown effective in tests to reduce either transmission or exposure to the virus.

2nd Sunday in 'Ordinary Time'

Introit All the earth shall bow down before You, O God, and shall sing to You, shall sing to Your Name, O Most High!

Collect Almighty ever-living God,
who govern all things,
both in heaven and on earth,
mercifully hear the pleading of Your people
and bestow Your peace on our times.
Through... for ever and ever. Amen.

First Reading

1 Samuel 3:3-10,19

Samuel was lying in the sanctuary of the Lord, where the ark of God was, when the Lord called, 'Samuel! Samuel!' He answered, 'Here I am.' Then he ran to Eli and said, 'Here I am, since you called me.' Eli said, 'I did not call. Go back and lie down.' So he went and lay down. Once again the Lord called, 'Samuel! Samuel!' Samuel got up and went to Eli and said, 'Here I am, since you called me.' He replied, 'I did not call you, my son; go back and lie down.' Samuel had as yet no knowledge of the Lord and the word of the Lord had not yet been revealed to him. Once again the Lord called, the third time. He got up and went to Eli and said, 'Here I am, since you called me.' Eli then understood that it was the Lord who was calling the boy, and he said to Samuel, 'Go and lie down, and if someone calls say, "Speak, Lord, Your servant is listening."' So Samuel went and lay down in his place. The Lord then came and stood by, calling as He had done before, 'Samuel! Samuel!' Samuel answered, 'Speak, Lord, Your servant is listening.' Samuel grew up and the Lord was with him and let no word of His fall to the ground.

The Word of the Lord. **Thanks be to God.**

Psalm

Psalm 39(40):2,4,7-10

Here I am, Lord! I come to do Your will.

I waited, I waited for the Lord
and He stooped down to me;
He heard my cry.
He put a new song into my mouth,
praise of our God.

You do not ask for sacrifice and offerings,
but an open ear.
You do not ask for holocaust and victim.
Instead, here am I.

In the scroll of the book it stands written
that I should do Your will.
My God, I delight in Your law
in the depth of my heart.

Your justice I have proclaimed
in the great assembly.
My lips I have not sealed;
You know it, O Lord.

Second Reading

1 Corinthians 6: 13-15, 17-20

The body is not meant for fornication: it is for the Lord, and the Lord for the body. God, Who raised the Lord from the dead, will by His power raise us up too.

You know, surely, that your bodies are members making up the body of Christ; anyone who is joined to the Lord is one spirit with Him.

Keep away from fornication. All the other sins are committed outside the body; but to fornicate is to sin against your own body. Your body, you know, is the temple of the Holy Spirit, Who is in you since you received Him from God. You are not your own property; you have been bought and paid for. That is why you should use your body for the glory of God.

The Word of the Lord. **Thanks be to God.**

Alleluia

Speak, Lord, your servant is listening:
you have the message of eternal life.

Gospel

John 1: 35-42

As John stood with two of his disciples, Jesus passed, and John stared hard at Him and said, 'Look, there is the Lamb of God.' Hearing this, the two disciples followed Jesus. Jesus turned round, saw them following and said, 'What do you want?' They answered, 'Rabbi,' - which means Teacher - 'where do you live?' 'Come and see' He replied; so they went and saw where He lived, and stayed with Him the rest of that day. It was about the tenth hour.

One of these two who became followers of Jesus after hearing what John had said was Andrew, the brother of Simon Peter. Early next morning, Andrew met his brother and said to him, 'We have found the Messiah' - which means the Christ - and he took Simon to Jesus. Jesus looked hard at him and said, 'You are Simon son of John; you are to be called Cephas' - meaning Rock.

The Gospel of the Lord. **Praise to You, Lord Jesus Christ.**

Post Communion

Pour on us, O Lord, the Spirit of Your love,
and in Your kindness
make those You have nourished
by this one heavenly Bread
one in mind and heart.
Through Christ our Lord.

*Holy Communion is distributed **after the end of Mass**
as the recommended safest option,
and for the Priest to re-sanitizing his hands.*

RITE OF DISTRIBUTING HOLY COMMUNION AFTER MASS

O Sacred Banquet in which Christ is received,
the memory of His Passion renewed,
the mind is filled with grace,
and a pledge of future glory is given to us. (S Thomas Aquinas)

V. You gave them Bread from Heaven.

R. **Containing is itself all sweetness.**

O God, who in this wonderful Sacrament
hast left us a memorial of Thy Passion:
grant us, we beseech Thee,
so to venerate the sacred mysteries of Thy Body and Blood,
that we may ever know within ourselves
the fruit of Thy Redemption.
Who livest and reignest with the Father, in the unity of
the Holy Spirit, one God, for ever and ever. **Amen.**