

THE ORATORY

Sunday 1st March 2020

The First Sunday of Lent (Year A)



SACRED HEART

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SUNDAY MASSES *and* SERVICES

5pm Sat. International Vigil Mass *

8am Quiet Mass

10.30am Solemn Mass

12.30pm Mass in Polish

4pm Evening Mass

6pm Benediction

* 1st and 5th Saturday of the month in English,

2nd Saturday in Portuguese, 3rd Filipino / English,

4th Saturdays in Spanish / English (from 22nd Feb).

CONFESSIONS at the ORATORY

Daily, 20 minutes before each Mass

Saturdays 11am - 12 noon & 4pm - 5pm

Wednesdays 11am - 12 noon

1st Wednesday of the month 7.30 - 8.30pm

WEEKDAY MASSES & Devotions

Mon. 2nd: Masses 7.30am & 12.15pm

Lenten Feria

Blessing with St Philip's Relic after both Masses

Tuesday 3rd: Mass at 12.15pm (only)

Lenten Feria

Wed 4th: Masses at 7.30am & 12.15pm

Lenten Feria (S Casimir)

8am - 12 noon Eucharistic Adoration

11am - 12 noon Confessions

1st Wed: 7.30 Confessions / Adoration

8.45pm Benediction

Thursday 5th: Mass at 12.15pm (only)

Lenten Feria

Friday 6th: Masses 7.30am & 12.15pm

Lenten Feria 6pm EF Latin Mass

11.30am & 6.45pm Stations of the Cross

Sacred Heart devotions after 12.15pm Mass

Sat. 7th: Mass at 12.15pm

Lenten Feria (Ss Perpetua & Felicity)

11am-12 Eucharistic Adoration / Confessions

Devotions to Our Lady after Saturday Mass

Rosary: Daily, after the 12.15pm Mass

Lent 2020 at the Oratory

SUNDAYS IN LENT

Soup Lunch after the 10.30am Solemn Mass.

6pm Benediction with a Lenten Reflection.

WEEKDAYS IN LENT

7.30am Holy Mass (Mondays, Wednesdays & Fridays).

12.15pm Holy Mass (Mondays - Saturdays).

12.45pm Rosary (after 12.15pm Mass).

Oratory - silent prayer with the Fathers & Brothers.

Evening Oratory concludes with the Oratory Exercises

(ie. Litany etc in Latin or English). 7am and 6pm (5.25pm Mondays)

TUESDAYS IN LENT 7.30pm Bible Study - Newman Library.

WEDNESDAYS IN LENT

Eucharistic Adoration - 8am to 12 noon.

Come for as long or short a time as you wish.

1st Wednesday of each month (4 March & 1 April).

Eucharistic Adoration - 7.30pm to 9pm

Confessions - 7.30pm to 8.30pm **Benediction** at 8.45pm.

FRIDAYS IN LENT

11.30am Stations of the Cross (before the 12.15pm Mass), and at 6pm (6.45pm on 1st Fridays, after the 6pm Extraordinary Form Latin Mass)

LENTEN APPEAL: Neville Kyrke-Smith, National Director of Aid to the Church in Need (ACN), speaks at all Masses this weekend. There's a retiring collection to support ACN in helping persecuted Christians to remain in the Middle East. Please use the Gift Aid envelopes. This is ACN's Lenten appeal at the Bournemouth Oratory.

THIS SUNDAY is a special **Day of Prayer and Reparation for the sins of sexual abuse by members of the Church.** Join Bishop Philip in the Cathedral at Portsmouth for all or part of today's programme with Fr Dominic Allain, Pastoral Director of "From Grief to Grace", and visit the website at: www.griefftograceuk.org

The Parish & University Catholic Chaplaincy are served by the Fathers & Brothers of the Oratorian Community of St Philip Neri

Fr Dominic Jacob

Fr Peter Edwards

Fr Andrew Wagstaff

Br Francisco Hintikka

The Oratory House, 1 Albert Road, Richmond Hill, Bournemouth BH1 1BZ

Parish Office: Monday - Friday, 9am - 12 noon. 13 Post Office Road, Richmond Hill, Bournemouth BH1 1BB

www.bournemouthoratory.org.uk Telephone: 01202 411140 E. sacredheart@portsmouthdiocese.org.uk

Parish Deacon: The Rev'd Roger Carr-Jones rcarrjones@portsmouthdiocese.org.uk Telephone 01202 428451

Administrator: Sharon Head (Contact as above)

Youth Ambassador: Adam Bussell: oratoryyouth@mail.com

[facebook.com/SacredHeartChurchBournemouth](https://www.facebook.com/SacredHeartChurchBournemouth)

safeguarding@bournemouthoratory.org.uk (Dee & Edward)

LENT ~ with our Oratorian Cardinal Saint John Henry Newman, Cong. Orat.

LENT is the holy season given to us by God, through His Church, to bring us back to Him by Prayer, Fasting and Almsgiving (charity). These are stepping-stones to the perfection to which Jesus calls each of us: ***Be perfect, as your Heavenly Father is perfect.*** This can seem a daunting task - unless we take small but certain steps along the path to the universal call to holiness of life.

Saint Philip Neri (1515-1595), Apostle of Rome, Saint of Joy, Founder of the Oratory, and Fisher of souls, formed the Fathers of the Oratory to *make people saints in their own homes.*

Saint John Henry Cardinal Newman, who brought St Philip's Oratory to England (1848) set about this same task, which we continue today in Birmingham, London, Oxford, Manchester, York, Cardiff, Bournemouth and now also Dublin, and in over eighty other Oratories of St Philip around the world.

In his *Meditations & Devotions* Newman says:

It is the saying of holy men that, if we wish to be perfect, we have nothing more to do than to perform the ordinary duties of the day well. A short road to perfection - short, not because easy, but because pertinent and intelligible. There are no short ways to perfection, but there are sure ones.

It is easy to have vague ideas what perfection is, which serve well enough to talk about, when we do not intend to aim at it; but as soon as a person really desires and sets about seeking it himself, he is dissatisfied with anything but what is tangible and clear, and constitutes firm direction towards the practice of it.

Perfection does not mean any extraordinary service, anything out of the way, or especially heroic (not all have the opportunity of heroic acts, of sufferings) but it means what the word perfection ordinarily means. By perfect we mean that which has no flaw in it, which is complete, that which is consistent, which is sound - we mean the opposite to imperfect. As we know well what imperfection in religious service means, we know by the contrast what is meant by perfection.

He, then, is perfect who does the work of the day perfectly, and we need not go beyond this to seek for perfection. You need not go out of the round of the day. I insist on this because I think it will simplify our views, and fix our exertions on a definite aim.

If you ask me what you are to do in order to be perfect, I say this:

- 1 ***Do not lie in bed beyond the due time of rising.***
- 2 ***Give your first thoughts to God.***
- 3 ***Make a good visit to the Blessed Sacrament.***
- 4 ***Say the Angelus devoutly.***
- 5 ***Eat and drink to God's glory.***
- 6 ***Say the Rosary well.***
- 7 ***Be recollected; keep out bad thoughts.***
- 8 ***Make your evening meditation well.***
- 9 ***Examine your conscience daily.***
- 10 ***Go to bed in good time - and you are already perfect.***

During the six weeks of Lent the Sunday Bulletin will explore our Cardinal's sage guidance for perfection.

His points are numbered for practical use. On this First Sunday of Lent we consider (1 & 10) *Do not lie in bed beyond the due time of rising, and Go to bed in good time.*

2nd Sunday of Lent (2) *Give your first thoughts to God.* 3rd Sunday (3 & 8) *Make a good Visit to the Blessed Sacrament, and Make your Evening Meditation well.*

4th Sunday (4 & 6) *Say the Angelus devoutly, and Say the Rosary well.* 5th Sunday *Eat and drink to God's glory, and Be recollected, keep out bad thoughts.* Palm Sunday (9) *Examine your conscience daily.*

(1) Do not lie in bed beyond the due time of rising, and (10) Go to bed in good time.

Eight hours is the normal period of sleep for most people, while a few folk manage on less, and Margaret Thatcher famously on only four hours! Cardinal Newman, as Founder and Provost the Birmingham Oratory, recommended that the Fathers be in bed for **no less than six-and-a-half hours** - not necessarily asleep, of course, since that can hardly be dictated! St John Henry's maxims are based on his long experience in the Birmingham Oratory and are therefore a good rule-of-thumb for anyone taking the spiritual life seriously.

If we ensure that we are in bed (for example) before 10.30pm, then we can be out of bed just after five o'clock the next morning. It is psychologically good to have a fairly fixed time for retiring and rising, to ensure a regular pattern of sleep. Most people pray better in the morning, and thus give their prime time to God.

St Philip Neri, and St John Henry Newman, knew the wisdom of regular sleep patterns, both for the Oratory Fathers with whom they shared their lives, and for the many Penitents who came to them for Confession and Spiritual Direction, and that the times of retiring and rising set a system for the good use of time throughout the day.

Time is a gift from God, regulated by the sun and moon, governing day and night, light and darkness, with all the implications of times of grace, or times of falls from grace.

Our use of time, for the glory of God, can be an indicator of our selfishness, or self-giving. It has been said that "Prayer is a complete waste of time - like lovers 'wasting time' with each other."

The Church recognises the Sanctity of Time, first by God creating the heavens to order the day and the night, the times and seasons, then by His action within time throughout Salvation History (everything, always exactly at the right time), and primarily by His entering into time in the Person of His Son. "Our resting and our rising" (as the Psalmist describes it) harmonize us with God's plan as foretastes of our death and resurrection.

The Liturgy of the Hours (also known as the Divine Office, or the Breviary) sanctifies the hours of each day by structured prayer, echoing the Jewish times of prayer, as recorded in the Acts of the Apostles - the disciples "went up to the Temple to pray at the sixth hour" or "at the ninth hour".

During this first week of Lent we might - as a preliminary to so much more - seek to set a pattern of regular times for retiring each night, and rising each morning, and then reflect on how we use God's time each day.

Next week we will consider our Cardinal's second point: *Give your first thoughts to God*, and the importance of the Morning Offering.

The Oratory Church is open daily: Weekdays 6.30am to 6.30pm.
Weekends from 7.30am. 1st Wednesdays until 9pm.

Mass Intentions: See page 2 of the Monthly Newsletter, displayed on the noticeboard.

Help yourself to a copy of the Newsletter, which is also available on our website.

Mass Intention envelopes are available at the back of the Church, and can be returned via the collection, or Parish Office letterbox. Help yourself to an explanatory grey leaflet.

For a **Shrine Lamp** to burn for your intention (£10 for 7 days) contact the Parish Office.
This week: Aid to the Church in Need (Our Lady), Victims of sexual abuse (St Joseph)

NEW TAX YEAR GIFT AID ENVELOPES await collection after all Masses this weekend (29 February / 1 March). If you donate by Standing Order, please collect your packet of envelopes for special collections.

The number on your envelopes is unique to you. Do not use envelopes left over from previous years, as your number may have been reallocated. If you can't collect your envelopes today, please tell the Parish Office as soon as possible, giving you name and contact details. Arrangements will then be made for you to collect them later this month (or for them to be delivered to you). If you pay tax, come to Mass here at least once a month, and are not yet registered for Gift Aid, then please sign up for Gift Aid today as this will increase your donations by 25% at no cost to you. If you are a higher rate tax payer you will also pay less tax! If you donate by standing order and are a tax payer, but have not signed up for Gift Aid, please take the opportunity to sign a Gift Aid Declaration this weekend.

OUR CATHOLIC SHOP: New stock includes a Crucifixion Triptych, magnificent statues of St Michael, Infant of Prague, Our Lady of Mount Carmel. St Patrick's Day (17 March) - numerous inexpensive gifts and greeting cards of this great Saint. Mothering Sunday (22 March) - Christian cards, and lots of small gifts for Mothers. Bundles of 10 Assorted Prayer cards for only £1. Shop opening times see the side bar >

40 DAYS FOR LIFE: Prayer, fasting, and peaceful vigil outside abortion centres offer women alternatives to abortion. Prayer saves the lives of unborn babies and gives peace to women and families! Join us in the vigil, and / or fasting, or prayer rota for those who cannot be at the vigil. Register at 40daysforlife.com/bournemouth for your chosen hours, or email 40daysforlifebournemouth@gmail.com or text 07 535 937 865 with your name, email and mobile number. By signing up, you agree to abide by the Statement of Peace found on the website. If you're affected by abortion visit Rachel's Vineyard: www.rachelsvineyard.org.uk

SAFEGUARDING TRAINING: Thank you to all who have registered to update their safeguarding training next **Saturday, 7th March, 10am - 12.15 in our Church Hall.** If you are an active volunteer in the parish, who has not been contacted, but know that your training is out of date, please come on Saturday.. Refreshments available from 9.30am. Dee Owen & Edward Adamson (Oratory Safeguarding Representatives)

REGULAR EVENTS

Oratory Weekdays 7am & 6pm (5.25pm Mon)
Half-an-hour silent prayer with the Fathers and Brothers (evening ends with the Oratory Exercises in Latin or English).

Sundays 6pm Cath. Soc. Fellowship Group for all Students and young people (18-35yrs) begins with 6pm Benediction and then in the Newman Library for formation and food.

Mondays 6pm Bell-ringing practice
7.30pm Choir practice

Tuesdays 7.30pm Lent Bible Study - Library

Wednesdays 7.30pm Adult Faith Formation

Thursdays 8-11am Church Cleaning
2pm SVP Tea Party, 3rd Thursdays

Fridays 11.30 Stations of the Cross
6pm Stations of the Cross (6.45 on 1st Fri)
6pm Extraordinary Form Mass, 1st Fridays
6pm Brothers of the Secular Oratory
2nd & 4th Fridays (includes Stations)

Saturdays 9am First Communion Class
9.30am Confirmation Course - Library
6.30pm Monthly Movie Night, 1st Sat.

WORKING with CHARITIES in our **HALL**
Hope for Food: 6.30pm
Sunday, Monday, Tuesday, and Thursday (feeding 80+ homeless rough-sleepers daily)
Alcoholics Anonymous: 7.45pm Monday
Narcotics Anonymous: Tue 7.45 / Wed 7pm

OUR CATHOLIC SHOP IS OPEN:
Sundays after the 10.30am Solemn Mass, after the 8am on 1st Sunday of the month, weekdays 9am - 12noon via the Parish Office 13 Post Office Rd (opposite M-ploy at 24).

BISHOP PHILIP invites you to sign up FREE to his E-News direct to your in box: www.portsmouthdiocese.org.uk/enews

NEXT SUNDAY'S READINGS
'The God Who Speaks' Year of the Word
2nd Sunday of Lent (Year A)
Genesis 12: 1-4; 2 Timothy 1: 8-10;
Matthew 17: 1-9.

Thank you for last week's Collections:

Gift Aid Standing Orders	841.97
Gift Aid Weekly Envelopes	414.00
Non Gift Aid Standing Orders	86.29
Visitor yellow envelopes	35.00
Loose Cash	642.96
Weekday Mass Collections	175.18
TOTAL	2,195.40

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